

## NEW VIRTUAL OHIP PROGRAM

### INSTITUTE FOR BEHAVIOURAL & FUNCTIONAL MEDICINE

★ Insomnia

★ Fatigue

★ Headache



NO ACCESS BONUS NEGATION



OHIP-FUNDED



VIRTUAL CLINIC AVAILABLE ONTARIO-WIDE

#### Dear Doctors & Nurse Practitioners:

We train patients over Zoom in evidence-based behavioural & psychological interventions.

**Ontario-wide, OHIP-funded, virtual CBT delivered by MDs** for the management of: insomnia, fatigue, headache, lower back pain, post-concussion syndrome & hypertension.

- CBT-insomnia
  - Energy Management
  - CBT for headaches
- More information available at:  
<https://ibfmed.ca/treatments/>

### REFERRALS

- **NO EFFECT ON ACCESS BONUS:** Our MDs are internists or have a GP-focused designation in Psychotherapy. We only bill OHIP the following codes: A135 (Internal Medicine) and A010, K007, K019, K020, K012, K024, K025 (GP Psychotherapy).
- **ELIGIBLE PATIENTS:** 18-years+; referral from a Nurse Practitioner or MD.

Visit <https://ibfmed.ca/mds-nps/> to download our referral form to your EMR!

For inquiries, you can email us at [team@ibfmed.ca](mailto:team@ibfmed.ca)

We look forward to hearing from you!

*Sam Yassi*

Office Manager