

**PROGRAM INFORMATION:  
INSTITUTE FOR BEHAVIOURAL &  
FUNCTIONAL MEDICINE**



Dear Doctors & Nurse Practitioners,

We would like to introduce ourselves to you!

**RE: Ontario-wide OHIP-funded virtual CBT delivered by MDs** for the management of insomnia, fatigue, headache, lower back pain, post-concussion syndrome & hypertension.

We are available to train patients in Ontario over Zoom in evidence-based behavioural and psychological interventions (like CBT-i, CBT-ha, etc.) in the treatment of common and chronic health conditions.

- **NO EFFECT ON ACCESS BONUS:** We have [specialists or MDs with GP-focused practice designations in Psychotherapy and Sport Medicine](#). We only bill OHIP the following codes: A135 (Internal Medicine) and A010, K007, K019, K020, K012, K024, K025 (GP Psychotherapy).
- **ELIGIBLE PATIENTS:** 18-years and up; valid OHIP card; referral from a Nurse Practitioner or MD.
- **REPORTS FAXED TO YOUR OFFICE:** We will send a report after the 2<sup>nd</sup> consultation with our program outlining recommendations. If the patient doesn't book the 2<sup>nd</sup> consultation within 4 weeks of the 1<sup>st</sup> appointment, we will send you the 1<sup>st</sup> consult report at that time.
- **MORE INFORMATION:**
  - [Treatment programs](#)
  - [Info for MDs and Nurse Practitioners](#)

**FOUR WAYS TO REFER**

1. Access referral forms through your EMR
  - [Accuro users](#)
  - [Telus PS Suite users](#)
  - [Oscar users](#)
2. [Ocean eReferral](#)
3. Or fax us a generic referral (please include the patient's email address, PMHx & meds)
4. Or fill out our [referral form](#) and fax it to us at 647-660-9355.

**For inquiries**, you can email us at [team@ibfmed.ca](mailto:team@ibfmed.ca). We look forward to hearing from you!

Sincerely,

*Sam Yassi*

Office Manager