INSTITUTE FOR BEHAVIOURAL & FUNCTIONAL MEDICINE

OHIP-Funded CBT & Mindfulness MD Psychotherapy

Insomnia **Depression** **Anxiety**

- NO ACCESS BONUS NEGATION
- OHIP-FUNDED
- VIRTUAL CLINIC AVAILABLE ONTARIO-WIDE

Dear Doctors & Nurse Practitioners:

We will be continuing Ontario-wide, OHIP-funded, virtual CBT delivered by MDs for the management of insomnia, depression, anxiety, PTSD and post-concussion syndrome.

UPDATE ON SCOPE: In 2027, we will be discontinuing psychotherapy for the following conditions: chronic fatigue, chronic headache, hypertension and lower back pain.

More information available at **https://ibfmed.ca/treatments/**.

For inquiries, you can email us at **team@ibfmed.ca**.

REFERRALS

- **NO EFFECT ON ACCESS BONUS:** Our MDs are psychiatrists, internists or have a GP-focused practice designation in Psychotherapy. We only bill OHIP the following codes: A195, A135, A010, K007, K019, K020, K012, K024, K025.
- **ELIGIBLE PATIENTS:** 18-years+; referral from a Nurse Practitioner or MD.

Visit https://ibfmed.ca/mds-nps/ to download our referral form to your EMR!

We look forward to hearing from you!

Sam Yassi

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